

Cartridge:

Bullet:

Useable Case Capacity:

Cartridge O.A.L.:

Barrel Length:

.358x376 Steyr SPOAL

225, Nosler AccuBond

66.573 grain H2O = 4.323 cm³

2.498 inch = 63.44 mm

24.75 inch = 628.7 mm

Bad

Good

Powder type	Filling/Loading Ratio	Charge	Vel.	Prop.Burnt	Pmax	B_Time	Energy	Efficiency	FoM
	%	Grains	fps	%	psi	ms	Muzzle	ft-lb/grains	Eff*Vel
Accurate 5744	71.1	41.7	2517	100	50645	1.258	3168	76.0	191198
Winchester 296	63.8	42	2517	100	51692	1.272	3168	75.4	189832
IMR 4227	79.1	44.4	2517	100	54369	1.227	3168	71.3	179571
Hodgdon H4227	79.2	44.5	2517	100	53829	1.235	3168	71.2	179168
Hodgdon H110	68	44.8	2517	100	56733	1.234	3168	70.7	177968
Vihtavuori N125	80.9	46.1	2517	100	54422	1.243	3168	68.7	172949
ADI AR 2207	80.9	46.4	2517	100	50415	1.276	3168	68.3	171831
IMR 4198	84.6	46.5	2517	100	49538	1.264	3168	68.1	171462
Accurate 1680	73.8	47.3	2517	100	49130	1.275	3168	67.0	168562
Hodgdon H4198	82.1	47.3	2517	100	49848	1.262	3168	67.0	168562
Alliant Reloder-7	80.4	47.7	2517	100	50152	1.28	3168	66.4	167148
Vihtavuori N120	85.4	47.9	2517	100	54030	1.246	3168	66.1	166450
Alliant Reloder-10x	83.5	48.4	2517	100	46537	1.315	3168	65.4	164731
Norma 200	76.5	48.6	2517	100	47915	1.318	3168	65.2	164053
Accurate 2200	79.6	49.6	2517	99.7	47105	1.295	3168	63.9	160745
ADI AR 2219	79.6	50.4	2517	100	44076	1.322	3168	62.9	158194
Hodgdon H322	84.7	50.4	2517	100	44076	1.322	3168	62.9	158194
Vihtavuori N130	88.2	50.6	2517	100	49578	1.281	3168	62.6	157568
Accurate 2015	86.6	50.9	2517	100	46940	1.317	3168	62.2	156640
Alliant AR-Comp	86.4	51.3	2517	100	42611	1.339	3168	61.7	155418
IMR 3031	89.6	51.4	2517	100	40968	1.359	3168	61.6	155116
ADI AR 2210	81.7	51.8	2517	99.3	46266	1.307	3168	61.2	153918
Ramshot X-Terminator	79.8	52.2	2517	100	45159	1.32	3168	60.7	152739
Vihtavuori N133	93.1	52.3	2517	100	48456	1.283	3168	60.6	152447
Vihtavuori N530	84.9	52.4	2517	98.5	43954	1.329	3168	60.5	152156
ADI BM2	80.1	52.4	2517	99.3	46818	1.301	3168	60.5	152156
Accurate 2495	87.8	52.7	2517	100	42344	1.392	3168	60.1	151290
Hodgdon Benchmark	87.1	52.7	2517	99.2	46818	1.301	3168	60.1	151290
IMR 8208 XBR	86.9	53.3	2517	98.5	44521	1.323	3168	59.4	149587
Hodgdon H4895	87.2	53.5	2517	97.6	42769	1.347	3168	59.2	149027
Hodgdon H335	79.9	53.5	2517	99.7	43650	1.332	3168	59.2	149027
Norma 202	88.7	53.6	2517	99.8	43666	1.338	3168	59.1	148749
Alliant Reloder-12	85.6	53.6	2517	100	45684	1.309	3168	59.1	148749
ADI AR 2206H	87.7	53.8	2517	97.1	43146	1.343	3168	58.9	148196
Norma 201	86	53.9	2517	98.6	44409	1.343	3168	58.8	147921
Vihtavuori N135	97.7	54.4	2517	100	44112	1.334	3168	58.2	146562
Accurate 2230	81.9	54.4	2517	99.2	45282	1.331	3168	58.2	146562
ADI AR 2206	89.6	54.4	2517	98.3	47379	1.292	3168	58.2	146562
IMR 4895	89.2	54.8	2517	96.8	41422	1.361	3168	57.8	145492
Winchester 748	83	54.8	2517	98.7	41331	1.351	3168	57.8	145492
IMR 4064	94.8	55	2517	96.9	44564	1.32	3168	57.6	144963
Vihtavuori N140	91.6	55.1	2517	99.9	44805	1.32	3168	57.5	144700
Accurate 2460	83.5	55.2	2517	99.2	44588	1.345	3168	57.4	144438
Alliant Reloder-15	90.5	55.5	2517	96.3	42084	1.354	3168	57.1	143657
Accurate 4064	92.9	55.8	2517	99.8	41768	1.393	3168	56.8	142885
Norma 203B	90.9	55.8	2517	96.8	41867	1.356	3168	56.8	142885
Ramshot TAC	84.3	55.8	2517	97.3	43442	1.334	3168	56.8	142885
ADI AR 2208	93.6	55.8	2517	96.6	44322	1.318	3168	56.8	142885
Hodgdon VARGET	93.9	55.8	2517	96.6	44322	1.318	3168	56.8	142885
Accurate 2520	86.3	55.9	2517	99.3	42186	1.364	3168	56.7	142629
IMR 4320	92.8	56	2517	96.8	42796	1.325	3168	56.6	142374
Vihtavuori N540	90.9	56.4	2517	99.7	43408	1.338	3168	56.2	141365
Ramshot Wild Boar	86.1	56.5	2517	96.9	42731	1.34	3168	56.1	141114
Hodgdon BL-C2	85.6	57.3	2517	97.9	41358	1.361	3168	55.3	139144
Norma 203 old	93	57.7	2517	97.7	41274	1.373	3168	54.9	138180
Hodgdon CFE223	84.7	57.9	2517	96.9	40569	1.356	3168	54.7	137702
Hodgdon H380	92.8	58.2	2517	94.9	42795	1.348	3168	54.4	136992
Vihtavuori N150	101.3	58.7	2517	98.8	43766	1.331	3168	54.0	135826
Ramshot Big Game	90	58.8	2517	96.2	40856	1.352	3168	53.9	135595
IMR 4007 SSC	95.7	59.5	2517	91.8	45472	1.318	3168	53.2	133999
Alliant Reloder-17	93.8	60.4	2517	95.9	38139	1.379	3168	52.4	132003
Norma URP	99.7	60.5	2517	94.4	39964	1.363	3168	52.4	131784
Vihtavuori N550	96.6	60.6	2517	94.3	39961	1.369	3168	52.3	131567
Hodgdon Hybrid 100V	103.3	61.3	2517	96.9	41083	1.344	3168	51.7	130065
Accurate 4350	100.1	61.4	2517	94.5	39213	1.385	3168	51.6	129853
Hodgdon H414	94.8	61.5	2517	90.9	40659	1.353	3168	51.5	129642
Winchester 760	94.8	61.5	2517	90.9	40659	1.353	3168	51.5	129642

IMR 4831	105.4	62	2517	94.9	40243	1.365	3168	51.1	128596
IMR 4350	101.6	62	2517	91.3	44100	1.315	3168	51.1	128596
Hodgdon H4350	103.5	62.1	2517	91.1	44114	1.315	3168	51.0	128389
Accurate 2700	97.4	62.3	2517	92.3	48288	1.291	3168	50.8	127977
Ramshot Hunter	100.2	63.5	2517	91.9	40411	1.354	3168	49.9	125558
Norma 204	100.5	63.7	2517	88.5	43021	1.323	3168	49.7	125164
ADI AR 2209	104.9	64	2517	88	42782	1.322	3168	49.5	124578
Alliant Reloder-19	105.3	64.6	2517	88.3	41894	1.335	3168	49.0	123420